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DESIGNER SPOTLIGHT

# Page Gandy

## Interior Designer

By Whitney Yantis • Portrait by Alyssa Kirsten

The ideas of psychiatrists like Sigmund Freud and Carl Jung have played an unlikely part in Page Gandy's profession. After earning a bachelor's degree in psychology and political science, Gandy opted to go back to school in a completely different direction: interior design. Or so she thought. "It turns out that 95 percent of what I do is psychology," says Gandy, who uses the science to try to understand her clients and unearth what they really want for their homes. Now a partner at 3 Fold Design Studio, the 30-year-old has adjusted her focus again, this time to green living. "Sustainability isn't just about selecting materials; it is a way of thinking that considers consequences beyond simple aesthetic appeal," she says. Rapidly renewable resources like bamboo and cork, organic cotton fabrics and paints low in volatile organic compounds are just some alternatives Gandy uses in design. She sees her job as a puzzle, working to create an effortless, eco-friendly space while considering a client's taste, habit and budget. But for Gandy, fitting all the pieces together is a welcomed challenge.



### Page's Top Ten:

1. Original artwork from local artist Shawn Camp
2. Sustainable cork flooring
3. Large kitchen islands and comfortable barstools
4. Modern architect Richard Neutra, who seamlessly blends interior with exterior
5. Family photos in silver frames
6. Sharpies for sketching
7. Succulent, low-maintenance plants with beautiful architectural shapes
8. Magnetic dry erase boards to pin up projects and design inspiration
9. Reusable shopping bags
10. An unexpected design twist to make a space special, like willow tree branches in a vase or a vintage child's toy

